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EDUCATION

Boston University, B.A., 1966. English major.
Boston University School of Social Work, MSW, 1971. Placements in community mental health & child guidance; individual and group therapy.
Boston Institute for Psychotherapists, Certificate, 1978.
University of Massachusetts, Amherst, Ed.D., 1988

ADDITIONAL TRAINING

Courses with Salvador Minuchin, Virginia Satir, Carl Whitaker, Peggy Papp, Murray Bowen, Jay Haley, Ackerman Family Institute, Center for Family Learning, Mental Research Institute, Boston Family Institute.

TEACHING EXPERIENCE

University of Cincinnati, OLLI Program, 2009 - present
Virginia Polytechnic Institute, Family & Children Services AAMFT approved program, Masters program (1988-2001)
Johns Hopkins School of Continuing Studies, Adjunct Professor, group therapy (1994-1997)
Johns Hopkins Medical Center, Child & Adolescent Psychiatry, Adjunct Professor, family therapy (1990-1996)
Universidad Catolica de Chile, Escuela de Trabajo Social, Santiago, Visiting Professor, social work. Masters program (1989)
Catholic University, School of Social Services, Washington, D.C., family and group therapy, gender issues. Associate Professor. Masters and doctoral programs (1988-1989)
Dayton Institute of Family Therapy, Supervisor, Dayton, Ohio (1984-88)
University of Cincinnati Medical Center, Child Psychiatry, Assistant Professor (1984-1988)

PRIVATE PRACTICE

(1976 - present)

Private practice: couples, families, children, groups, individuals, single adults
Teaching, Supervision (live, video, verbal reporting), Training, Consultation
Founder of Unique Retreats for Women, Singles, Siblings, Couples.

Expert witness in child custody, sexual harassment, sexual abuse, and PTSD cases (over 25 Cases)

Sexual Abuse evaluation and treatment. Consultant to D.C. Rape Crisis Center, 1989-2001
Recipient of Visionary Award (1997)

Incest Research Project, Department of Social Services, Prince George County, Md.,
Consultant (1989-1995)

Professional Educational Programming, Co-director. Training family therapy and staff
development to mental health services (1982-1984)

Strategic Family Therapy Team, Co-founder (1980-1982)

CLINICAL & SUPERVISION EXPERIENCE

University of Cincinnati Medical Center, Eating Disorders Clinic (1984-1988)

Bristol Hospital, CT, AAMFT approved program, supervisor, Masters program (1984)

Dorchester, MA, Counseling Center, Coordinator of group therapy program (1982)

Wareham, MA, Counseling Center, Supervisor family and group therapy (1981-1983)

McLean Hospital, MA, Adolescent and Family Treatment Unit, Supervisor (1980-1981)

Brockton, MA, Multi-Service Center, Supervisor, clinical and day treatment (1978-1980)

North Shore, MA, Children's Hospital, outpatient, family, group, duo therapy (1976-1978)

Worcester, MA, Youth Guidance Center, child, family, group and duo therapy, (1972-1976)

Metropolitan State Hospital, MA, Children's Unit (1966-1968)

Boston Public Welfare, Aid to Dependent children (1966-1968)

PUBLICATIONS

Journal Articles

Is marital status a hidden problem...or not a problem at all? (2001). *Family Therapy News*,
April/May, 18-20.

Four pillars of wisdom: Helping singles counteract conflicting cultural messages. (2000).
Family Therapy Networker, *Nov/Dec.*, Case Study, 75-79.

A life stage model should include single women: Clinical implications for addressing
ambivalence. (1998). *Journal of Feminist Family Therapy*, *10*, 2.

Always single and single again women: A qualitative study. (1997). With Sidney Moon.
Journal of Marital and Family Therapy, *23*, 2.

Treating the absent man: Is it possible? Is it ethical? (1990). *Journal of Feminist Family
Therapy*, *4*, ¾, 213-226. Also in M. Bograd (Ed.), *Feminist Approaches for Men in Family
Therapy* (1990).

Siblings: A hidden resource. (1990). *Journal of Strategic and Systemic Therapies*, *9*, 1, 39-49.

- The use of color coded genograms in family therapy. (1989). *Journal of Marital and Family Therapy*, 15, 2, 169-176.
- The missing woman: Intensive family-oriented treatment of bulimia. (1989). With S.W. Wooley. *Journal of Feminist Family Therapy*, 1, 1, 69-83.
- Sibling therapy: A blend of family and group therapy. (1988). *Journal of Specialists in Group Work*, 13, 4, 186-193.
- Bulimia as a sibling communication. (1987). *Psychotherapy*, 24, 640-645.
- Sibling therapy with multi-problem families. (1986). *Journal of Marital and Family Therapy*, 12, 3, 291-300.
- Systemic play therapy: A tool for social work consultation to inner-city community mental health centers. (1986). *Journal of Independent Social Work*, 1, 2, 33-43.
- Sibling therapy, part II. (1984). *Family Therapy News*. October.
- Sibling therapy, part I. (1983). *Family Therapy News*. September.
- Children of lesbians: Their point of view. (1980). *Social Work*, 25, 3, 198-203.
- Friendship skills group: Short-term social work intervention. (1978). With L.Weinstein. *Social Work with Groups*, 1, 3, 279-286.

Book Chapters

- Single women and the grief circle. (1998). In T. Trepper & T Nelson, (Eds.), *101 more interventions in family therapy*, Vol. II, New York: Haworth.
- Listening and communication skills: Dos and Don'ts. (1995). In *Palliative care patient and family counseling manual*. Gaithersburg, MD: Aspen.
- Sibling therapy: One step in breaking the cyclical pattern of recidivism in foster care. (1995). In L. Combrinck-Graham (Ed.,) *Children in family contexts, II: Keeping children and families together*. New York: Guilford.
- Single heterosexual women through the life cycle. (1994). In M. Mirkin (Ed.), *Treating women in their social contexts: A feminist reconstruction*. New York: Guilford.
- A three step plan for black families involved with foster care: Sibling therapy, mothers' group therapy, family therapy. (1991). In K.G.Lewis (Ed.), *Family therapy applications to social work: Teaching and clinical practice*. New York: Haworth.

Teaching gender issues to male/female group therapists. (1989). In K.G. Lewis (Ed.), *Variations on teaching and supervising group therapy*. New York: Haworth.

Symptoms as sibling messages. (1988). In M. Kahn & K.G. Lewis (Eds.), *Siblings in therapy: Life span and clinical issues*. New York: W.W. Norton.

Young siblings in brief therapy. (1988). In M. Kahn & K.G. Lewis (Eds.), *Siblings in therapy: Life span and clinical issues*. New York: W.W. Norton.

Multi-family therapy within an intensive treatment program for bulimia. (1986). With S.C. Wooley. In J. Harkaway (Ed.), *Family therapy and eating disorders*, Md.: Aspen.

Sibling therapy with children in foster homes. (1986). In L. Combrinck-Graham (Ed.), *Treating young children in family therapy*, Rockville, MD.: Aspen.

Books

Why Don't You Understand? A gender relationship dictionary (2009). Indianapolis, Dog Ear.

You and your siblings: Understanding sibling conflict (working title). In progress.

Workbook: With or without a man. (2002). Self-published.

With or without a man: Single women taking control of their lives. (2001). Palo alto, CA: Bull Publishing.

Intrafamilial sexual abuse program: Efforts of one department of social services. (Ed.) (1994). U.S. Government Printing.

Family therapy applications to social work: Teaching and clinical practice (Ed.) (1992). New York: Haworth.

Variations on teaching and supervising group therapy (1989). New York: Haworth.

Siblings in therapy: Life span and clinical issues. (1988). With M. Kahn. New York: W.W. Norton.

Ebooks

11 stories on being single in a married world

The secret to a solid marriage: Stories for understanding gender differences

Stories for your marriage: How to deal with the tough times

Stories for parents and their grown children (coming soon)

Research Studies

Life stage of adult singlehood: Always single and single again women (1991). Independent study.

Women's friendships: As asset or hindrance to professional and personal growth? (1989). Independent study.

Sibling relationships of bulimic women (1988). Doctoral dissertation.

Survey of family therapy training institutes in New England (1984). With B. DiMatteo & J. Fox. *Society for Family Therapy and Research Newsletter*, July.

Videotape housekeeping details (1983). Independent study. *American Family Therapy Association Newsletter*.

SFTR is interested in your money (not in taking it but in finding out how you get it and spend it) (1982). With L. Berman. *Society for Family Therapy and Research Newsletter*.

Curriculum evaluation of schools of social work (1978). Sponsored by Boston University School of Social Work.

WORKSHOPS/PRESENTATIONS

(Length range from one hour to 8 weeks)

Women's Issues/Gender Issues

Therapy and single women (on a variety of different aspects)

- Colorado Marriage & Family Therapy Assoc., Denver, full day (2001)
- Am. Assoc. Marriage & Family Therapy, Nashville, full day (2001)
- Heisel & Associates, Columbus, Ohio, full day (2001)
- Am. Assoc. Marriage & Family Therapy, full day (1999, 2000)
- Texas Marriage & Family Therapy Assoc., full day (1999)
- Texas Marriage & Family Therapy Assoc., full day (1993, 1998)
- Internat'l conference on Gender and Family, Provo, Utah (1991)
- Family Therapy Institute of Alexandria, VA., half day (1991)
- New England symposium (Cape Cod Institute), 5 days (1991)
- Gestalt Institute of Cincinnati, half day (1991)
- Clinical Society of Social Workers, Washington, DC, 8 weeks (1990)

Feminist supervision, Heisel & Associates, 5 cities in Ohio, full day (2002)

Sexual Abuse Awareness Week, Washington, DC (1994-1998)

- Sexual Assault and Repressed Memory
- Substance Abuse and Childhood Sexual Abuse
- Taking Care of the Counselor: Not Getting Overwhelmed
- Using Experiential Exercises with Survivors
- Couples counseling with Survivor Issues

Feminist Oriented Couples Therapy

- Community Psychiatry Center, Montgomery county, Md. (1993)

Experiential Techniques in Working with Sexually Abused Women

- Rape Crisis Center, Washington, DC 1992)

Therapy For and By Men and Women of the '90s.

- Health Insurance program, New York (1992)

Women Running Men's Groups

- Community Psychiatry Center, Montgomery County, Md. (1993)

Experiential Techniques in Working with Sexually Abused Women

- Rape Crisis Center, Washington, DC 1992)

Treating the Absent Man: Is it possible? Is it ethical?

- International Conference on Gender and the Family, Provo, UT (1991)

What Single Women Need From Their Therapist

- American Family Therapy Association, Philadelphia (1990)

- University of Storrs, Family Studies, Storrs, CT (1990)

Women's Friendships: Asset or Deterrent to Professional Growth?

- American Family Therapy Association, Colorado (1989)

Women as Emotional Containers

- American Family Therapy Association, Chicago (1988)

Feminist Issues for Family Therapist Trainees

- Dayton Institute for Family Therapy (1987)

Sibling Therapy

Dick and Jane Grow Up: Siblings' Taking Care of Their Aging Parents

- Baycrest Geriatric Center, Toronto, Canada (1993)
- Virginia National Association of Social Workers (1998)
- Texas marriage & Family Therapy Association (1999)

Sibling Therapy: Productive, Economical and Even Fun

- Maryland Association for Counseling & Development (1991)

Siblings in Foster Care

- Casey Family Services, Shelton, CT (1990)
- Family and Child Services, Washington, DC (1990)

Turning Cain into Abel

- American Association Marriage & Family Therapy, San Francisco (1989)

Siblings: Theory and Therapy (two day presentation)

- Quebec Association Marriage & Family Therapy, Montreal, (1989)

A Three Step Plan for Family Reunification After Foster Placement: Sibling Therapy, Mothers' Group therapy, Family Therapy

- Black Family Summit Conference, Columbia, SC (1989)

College Students and Their Siblings

- George Washington University Counseling Center, Washington, DC (1989)

Symbolic Experiential and Contextual Family Therapy

- Dayton Institute of Family Therapy, Dayton, OH (1987)

Therapy with Siblings: Clinical Strategies

- American Association marriage & Family Therapy, Chicago (1987)

Siblings: Hidden Resource or Hidden Transference?

- Family Therapy Networker Conference, Washington, DC (1987)

Symptoms: A Sibling Communication

- Ohio Chapter, American Association Marriage & Family Therapy, Columbus (1987)
- Clinical Social Workers Society, Cincinnati, OH (1987)

Involving Siblings in Therapy

- American Association Marriage & Family Therapy, Orlando, Fl. (1986)

Sibling Therapy Across Developmental Stages

- American Family Therapy Association, San Diego (1985)

Siblings: Hidden Family Resources

- Lakeshore Mental Health Institute, Knoxville, Tenn. (1985)
- International Congress on Family, Czechoslovakia (1987)

Sibling Therapy with Chronic Patients

- Veterans Administration Hospital, Chicago (1984)
- Northampton (MA) Area Mental Health Association (1984)

Sibling Therapy with Disorganized Families

- Family Institute of Cambridge, Cambridge, MA (1984)
- American Association Marriage & Family Therapy, San Francisco (1984)

Family Therapy**When Venus and Mars Meet ADD: Additional Delights and Dilemmas**

- Adult Attention Deficit Disorder Conference, An Arbor (1998)
- Landmark College Learning Disability Conference, Vermont (1997)
- Adult Attention Deficit Disorder Conference, Ann Arbor (1996)

Listening and Communication Skills for Hospice Volunteers (1994)**Multi-Racial Couples**

- Loving Conference on Multi-racial Couples, Washington, DC (1992)

Integrated Strategic Family Therapy (two day training)

- United Family Services, Charlotte, NC (1991)

The Hidden Dimension of Family Therapy Training: Therapists and Clients are of a Different Race

- Family Therapy Network Conference, Washington, DC (1991)

Working with the "Difficult" Family

- Mid-Atlantic Marriage & Family Therapy (1990)
- Department of Mental Health, Lawrence, MA (1981)
- Western Massachusetts Research and Service Association (1981)

The Use of Color-Coding Genograms in Family Therapy

- PAIRS Training Program, Falls Church, VA (1989)

Difficult Family? Difficult Agency? Difficult Treatment Model?

- University of Cincinnati outpatient Mental Health (1985)

Impact of Family on Disabled Client: Potential or Hindrance for Change?

- Massachusetts Rehabilitation Counseling Association (1984)

The Psychological Impact of Disability Throughout the Life Cycle

- Massachusetts Rehabilitation Counseling Association (1984)

Use of Humor in Therapy

- American Family Therapy Association San Francisco (1983)

What's This Thing Called Family Therapy?

- American Group Psychotherapy Association (1983) (1981)
- American Association Marriage and Family Therapy, San Diego (1981)

The Difficult Client, The Rehabilitation Worker, and the Supervisor

- Massachusetts Rehabilitation Counseling Association (1982) (1981)

Professionals Working with Divorce and Separation

- Antioch Graduate School of Open Education (1980)
- American Association Psychiatric Services to Children Chicago (1979)

Why a Therapist had to be Sacrificed for a Family to Survive

- American Association Marriage and Family Therapy, Washington, DC (1979)

Children of Lesbians: Their Point of View

- American Association of Marriage and Family Therapy, Washington, DC (1979)
- American Association Psychiatric Services to Children, Atlanta (1978)
- International Forum of Psychoanalysis, Berlin, Germany (1977)
- American Association Psychiatric Services to Children, Washington, DC (1977)

How Families and Family Roles Evolve

- Schoharie Valley Mental Health Center, Schoharie, NY (1978)

Eating Disorders

Eating Disorders in the Schools

- Health Department, Montgomery County, MD. (1991)

Eating Disorders and Law Students

- George Washington Law School, Washington, DC (1991)

New Developments in the Understanding and Treatment of Bulimia

- American Association of Marriage and Family Therapy, Chicago (1987)

Eating Disorders: Necessary Basic Ingredients

- Dayton Institute for Family Therapy, Dayton, Ohio (1987)

Comprehensive Treatment of Bulimia

- International Congress on Family Therapy, Prague, Czechoslovakia (1987)

Intensive Treatment Program for Bulimia

- Christ Hospital, Cincinnati, OH (1986)
- American Family Therapy Association, Washington, DC (1986)
- American Association of Marriage and Family Therapy, New York (1985)

Family Therapy Programs for Eating Disorders

- American Orthopsychiatric Association New York (1985)

GROUPS

When (Co-) Leaders and Group Members are of a Different Race

- American Orthopsychiatric Association New York (1991)

Looking Sideways or Up & Down: The Evolving Process of Supervision

- Association for Advancement of Social Work with Groups, Akron, Oh (1991)

Juvenile Sexual Abuse Victim-turned Offenders: An Overlapping Model of Group Treatment

- Association for Advancement of Social Work with Groups, Akron, Oh (1991)

Multi-Family Groups: A Versatile Modality

- American Orthopsychiatric Association, Miami, FL (1991).

Group Work in Impossible Settings

- Association for the Advancement of Social Group Work, Miami (1990)

Group Therapy for Experienced Therapists, 4-part training

- Family Therapy Institute of Alexandria, VA (1990-91)
- North Carolina Region, Kidney Foundation

Organizing and Running Groups

- Tri-State Group Psychotherapy Association, Louisville, KY (1986)

The ABC's of Group Supervision

- Children's Group Therapy Association, Boston, MA (1984)
- National Conference on Teaching Group Psychology, Philadelphia (1980)

Group Therapy and Family Therapy: Overlapping Systems Theory

- American Group Psychotherapy Association, Dallas, TX (1984)

Training the Trainers

- New England Institute for Research and Evaluation, Boston (1983)

Social Skills Training Group: Intensive, Short-Term Model for Dysfunctional Adults

- American Group Psychotherapy Association (1982)
- Massachusetts Rehabilitation Counseling Association, Boston (1981)
- Simmons College School of Social Work, Boston (1981)
- Smith College of Social Work, Northampton, MA (1981)
- Northeastern Society for Group Psychotherapy, Boston (1980)
- Veteran's Administration Day Treatment Center, Boston (1980)
- Brockton (MA) MultiService Center, Day Treatment, Center (1977)

Design and Use of Structured Exercises in Group Therapy

- Northeastern Society for Group Psychotherapy, Boston (1981)
- Conference on Group Work, Boston (1980)

Potholes and Pitfalls of Running a Group

- Northeastern Society for Group Psychotherapy, Boston (1981)

Supervision of Children's Groups

- Children's Group Therapy Association, Boston (1980)

How to Organize and Maintain Groups

- Massachusetts Psychological Institute, Boston (1979)

Beyond Concrete Services: Individual and Group Interventions for Surviving nephrology
Social Work

- Houston Region, Council of Nephrology Social Workers (1992)
- Council of Nephrology Social Workers, Baltimore, MD. (1991)

Friendship Skills Group: Intensive, Short-Term Model for Children

- Antioch Graduate School of Open Education boston (1978)
- Boston University Graduate School of Education, Boston (1977)

Group Development and Techniques

- Northeast Society for Group Psychotherapy, Boston (1980)
- People, INC., Fall River, MA (1978)
- International Congress of Group Psychotherapy, Philadelphia (1977)
- World Congress of Social Psychiatry, Opatija, Yugoslavia (1976)

MEDIA

I have been interviewed on numerous local, national, and international television and radio shows.

I have been interviewed by dozens of magazines and newspaper interviews. This is a representative sample:

New York Times	Woman's World
Cincinnati Enquirer	Cosmopolitan
Boston Globe	Psychology today
Washington Post	Family Circle

Topics for these interviews have included (but are not inclusive of)

- * Marriage, couples and gender differences
- * Mid-life single women and men
- * Adult Siblings
- * Eating disorders

PROFESSIONAL AFFILIATIONS

Current Memberships:

American Family Therapy Academy
 Associate Editor, former
 Nominating Committee, former
 Women's Institute Planning Committee, 1990-1992
 American Association of Marriage and Family Therapy
 Approved Supervisor
 National Continuing education Committee, former
 National Elections Council, former
 Ohio Board of Directors, former
 Massachusetts Board of Directors, former
 Mid-Atlantic Division, Chair, Nominations Committee (twice)
 Training Program Site Visitor, former

International Association of Collaborative Practice
Cincinnati Association of Collaborative Practice
Kentucky Association of Collaborative Practice

Former Memberships:

International Family Therapy Association, Charter Member
Society for Family Therapy Research
National Association of Social Workers
Academy of Certified Social Workers
Clinical Social Work Society of Greater Washington
Association for the Advancement of Social Work with Groups
American Group Psychotherapy Association

Editorial Boards

Journal of Marital and Family Therapy, Advisory Board (1985-1994)
Journal of Family Psychology, Ad Hoc Reviewer (1991-1993)
Journal of Strategic and Systemic Therapies, Advisory Board (1986-1991)
Journal of Independent Social Work, Book Review Editor (1985-1991)
Society for Family Therapy Research, Assistant Newsletter Editor (1978-1984)